

Intended Audience: Student Mental Health Providers, Student Services

Speaker: *Dr. Alicia del Prado, PhD*

*Serving Multiracial Clients: Resources and Skills for Therapists* Learning Objectives

1. Increase knowledge of history and demographics of the multiracial communities in the USA, as they pertain to identity, discrimination, and mental health.
2. Demonstrate enhanced understanding of unique and common developmental, social, and psychological experiences of multiracial individuals.
3. Develop skills to provide culturally congruent services to multiracial clients.

**Alicia del Prado, PhD**

Dr. del Prado is a licensed counseling psychologist and associate professor of clinical psychology at the Wright Institute. A writer, researcher, and consultant, Dr. del Prado specializes in cultural competency, acculturation, and multiracial identity.

*Speaker: Dr. Amanda Han, PsyD*

*Working with International Students in CCC*

Learning Objectives

1. List common problems, barriers, challenges faced by international students in college and community.
2. Discuss the role of administrators, educators, counselors, and health care providers working with international students.
3. Apply clinical implications and practical strategies working with international students in community colleges.

**Amanda Han, PsyD**

Dr. Han is a multilingual counseling psychologist at Pasadena City College and maintains a private practice, *Mindfulness Neuropsychology*, in La Jolla, California. She was born in Taiwan, educated in the US, and is passionate about issues related to international students.

*Keynote Speaker: Dr. Farha Z. Abbasi, MD*

***Discord Disrupts Discourse - Navigating Being A Muslim on Campus***

Learning Objectives

1. List commonly occurring indicators of Islamophobia on campus.
2. Discuss how Muslim students navigate a bicultural Identity.
3. Explain the impact of toxic stress on Islamic students’ mental health.

**Farha Z. Abbasi, MD**

Dr. Abbasi is Staff Psychiatrist at Michigan State University’s (MSU) Olin Health Center. Her areas of interest are cultural psychiatry and training medical students in the provision of culturally appropriate care to Muslim patients.

**Thursday,  April 21**

1:30p-2:00p    Registration

2:00p-3:30p    Introductions & Discussion: Student equity funds, Remote counseling

  3:30p-5:30p    **Dr. Alicia del Prado, PhD: *Serving Multiracial Clients: Resources and Skills for Therapists*** (2 credits)

6:00p Dinner & Networking (No host)

**Friday, April 22**

8:00a-8:30a Registration

8:30a-9:45a      Welcome & Board Member updates

Round Table: “MH on Your Campus”

10:00a-11:30a   **Dr. Amanda Han, PsyD: *Working with International Students in CCC*** (1.5 credits)

11:45a-12:45p Lunch (hosted onsite)

Presentation: *Art with Impact*

1:00p-3:30p     **Keynote Speaker: Dr. Farha Abbasi, MD *Discord Disrupts Discourse - Navigating Being a Muslim on Campus*** (2.5 credits)

3:30p-4:00p  Closing remarks

Registration

**MHWA Member**

**1.5 days 100.00 before 4/13**

**160.00 after 4/14 $ \_\_\_\_\_**

**1 day 75.00 before 4/13**

**135.00 after 4/14 $ \_\_\_\_\_**

**Non-member:**

**1.5 days 140.00 before 4/13 200.00 after 4/14 $ \_\_\_\_\_**

**1 day 115.00 before 4/13**

**175.00 after 4/14 $ \_\_\_\_\_**

**CE credits 30.00 (up to 6 credits) $ \_\_\_\_\_\_**

**Total:$\_\_\_\_\_\_**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Title \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**College\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**City, Zip\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Will you require accommodations? ❑ Yes ❑ No**

**Specify: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Hotel

San Anselmo Inn, 339 San Anselmo Ave., San Anselmo, CA 169.00/night. 800-598-9771 Request *College of Marin* rate

Mail Registration and Check

Dianne Avelar, MFT, *Cabrillo College*, SHS, 6500 Soquel Dr.,

Aptos, CA 95003

Conference Refund & Attendance Policy

If, after registering, you cannot attend the meeting, notify [HernandezMa@butte.edu](mailto:HernandezMa@butte.edu) for a refund (prior to 4/10) or credit for a subsequent training.

**IMPORTANT NOTICE** Those who attend this training in full and complete the appropriate evaluation form will receive CE credits. Those arriving more than 15 minutes after the start time or leaving before the training is completed will not receive CE credit.

**MHWA is a CE provider** for RNs, with approval from California Board of Nursing. MHWA is approved by the California Psychological Association to provide continuing professional education for psychologists. The Board of Behavioral Sciences recognizes CE credit from CPA approved providers for LCSWs, MFTs, LEPs, and LPCCs. MHWA maintains responsibility for this program and its content.

**2016 MHWA Spring Meeting**

***College of Marin***

***Kentfield Campus, 835 Colleeg Ave. Rm: SS-Deedy Lounge***

***CE credits available for MFTs, LCSWs, LPCCs, RNs & Psychologists***

***Building Bridges:***

**Expanding Our Knowledge of Diversity and Mental Health in Community Colleges**